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JEFF BRIDGES IS STILL 'THE DUDE'

A zen conversation with the Oscar-winning actor. 18



Namath on Jets:
'They're not trying
to lose games.' 28

Three fun weekend
fitness events. 24

NO JUSTICE IN SEX ABUSE

The victim of a
notorious alleged
abuser is speaking
up about what he
suffered and who
did it to him. 6

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ERIN TIERNAN, WEB REPORTER

Good morning! Apparently we all missed the election Tuesday, but an “accidental Confederate election” went down and it earned President Donald Trump a spot on Wikipedia’s very short list of “Presidents of the Confederate States of America” page. After 152 years without a leader, find out how Trump earned his rank at metro.us/president-trump.

TRUMP DISBANDED BUSINESS COUNCILS

President Donald Trump announced the disbanding of two high-profile business advisory councils after CEOs quit in protest over his remarks blaming violence in the Virginia city of Charlottesville not only on white nationalists but also on the protesters who opposed them. A parade of prominent Republicans and U.S. ally Britain also rebuked Trump after his comments on Tuesday about

the weekend bloodshed further enveloped his seven-month-old presidency in controversy, paralyzed his policy aims and left him increasingly isolated. Trump announced the dissolution of the American Manufacturing Council and Strategic and Policy Forum after a series of chief executives including Campbell Soup Co.’s Denise Morrison and 3M Co.’s Inge Thulin abandoned the panels.

TRUMP PRAISES KIM FOR ‘WISE’ DECISION ON GUAM

President Donald Trump on Wednesday praised North Korean leader Kim Jong Un for a “wise” decision not to fire missiles toward the U.S. Pacific territory of Guam, which has eased escalating tension between the two countries. Reclusive North Korea has made no secret of its plan to develop a nuclear-tipped missile capable of hitting the United States to counter what it perceives as constant U.S. threats of inva-

sion. Trump warned North Korea last week it would face “fire and fury” if it threatened the United States, prompting North Korea to say it was considering plans to fire missiles toward Guam. But North Korean media reported on Tuesday that Kim had delayed the decision while he waited to see what the United States did next. Kim Jong Un of North Korea made a very wise and well reasoned decision,” Trump wrote on Twitter.



MEMORIAL FOR HEATHER HEYER

3 Susan Bro, mother to Heather Heyer, speaks during a memorial for her daughter at the Paramount Theater on Wednesday in Charlottesville, Virginia. Heyer was killed Saturday, when a car rammed into a crowd of people protesting a white nationalist rally. GETTY IMAGES

BLACK BANKER SUES GOLDMAN SACHS

4 A black banker in Goldman Sachs Group Inc.’s personal wealth management unit filed a lawsuit on Wednesday accusing the firm of steering top clients to her white colleagues and denying her promotions because of her race. Rebecca Allen in the lawsuit filed in federal court in Manhattan said Goldman’s virtually all-white senior leadership team favors white

bankers for promotions and lucrative accounts, so they earn more than black coworkers. “Simply put, Goldman Sachs does virtually nothing to hire, promote or develop black talent, instead focusing its efforts on retaining and promoting white employees to positions of leadership,” Allen said in the complaint. Goldman in a statement said the claims were meritless.

TWITTER SHUTS ACCOUNTS OF US HATE GROUP SITES

5 Twitter Inc. suspended accounts linked to the neo-Nazi website Daily Stormer, keeping up pressure from Silicon Valley on white supremacists after weekend violence in Charlottesville, Virginia. Twitter said it would not discuss individual accounts, but at least three accounts affiliated with the Daily Stormer led to pages saying “account suspended.” The San Francisco-based social

network prohibits violent threats, harassment and hateful conduct and “will take action on accounts violating those policies,” the company said in a statement. Larger rival Facebook Inc., which unlike Twitter explicitly prohibits hate speech, has taken down several pages from Facebook and Instagram in recent days that it said were associated with hate speech or hate organizations.

FAST FACT

Asked if they could “think of anything that Trump could do, or fail to do, in his term as president that would make you disapprove of the job he is doing,” about 60 percent of Trump supporters said no, according to a new nationwide poll released by Monmouth University in New Jersey. That’s equivalent to about one-quarter of all Americans overall, given Trump’s current level of support.

Source: Monmouth University poll





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MANHATTAN

Flash grenade blast injures federal agent

At around 1 p.m. on Wednesday, the premature detonation of a flash grenade in downtown Manhattan's 26 Federal Plaza injured an FBI agent, CBS2 reported. The flash grenade was apparently inside a vehicle in the building's basement.

An FBI spokeswoman said the incident appeared to be an accident, according to Pix11, which added that the FBI agent involved in the incident suffered

a hand injury.

The explosion drew a response from firefighters and law enforcement personnel from nearby Foley Square and City Hall, The New York Times stated. Quickly, though, it became clear that the accident was unintentional and not related to terrorism.

The victim was taken to Bellevue Hospital in serious condition, the Times added, and the building was not evacuated.

JASON NUCKOLLS



A flash grenade detonated at 26 Federal Plaza on Wednesday. GOOGLE MAPS

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New York City congestion pricing plan back on track

Gov. Cuomo is revisiting the idea of charging motorists based on where they drive.

MORGAN ROUSSEAU
@MetroNewYork
letters@metro.us

Drivers crawling through the city's most plugged up roadways may soon have one more reason to be cranky.

Gov. Andrew Cuomo is breathing life into the idea of charging motorists more for entering the most congested areas of Manhattan. The revenue would help improve conditions in the city's struggling subway system, which needs \$800 million for repairs.

"Congestion pricing is an idea whose time has come," Cuomo said in a New York Times report, adding that the plan was inspired by, but would differ from, Mayor Michael Bloomberg's derailed proposal in 2008. That plan would have cost New Yorkers \$8 to pass through jammed up areas during

rush hour.

Cuomo has yet to reveal details about his proposal, so there's no word yet on how much the tolls would cost Manhattan motorists. He told the Times that he had been meeting with "interested parties" for months.

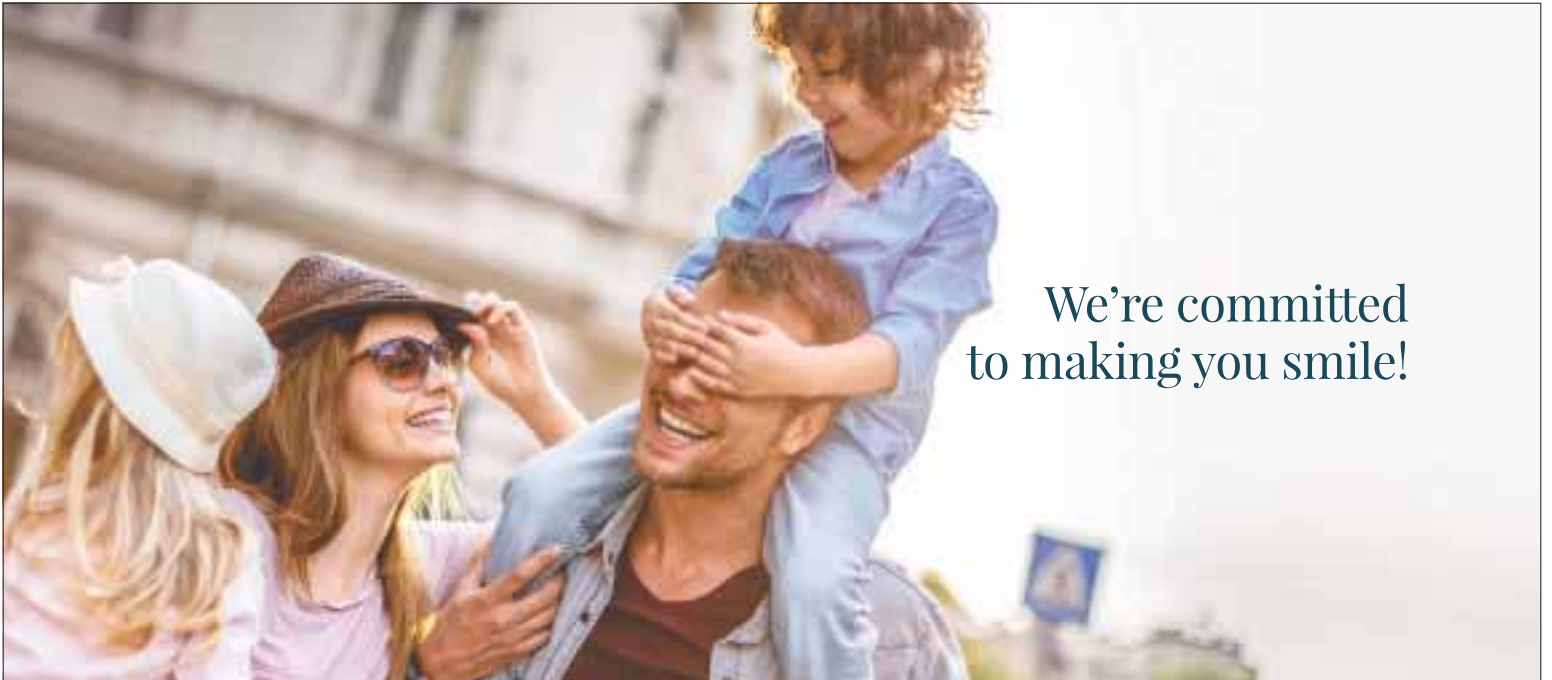
Local group Move NY, which has been pushing its own congestion plan, responded to Cuomo's recent statements with a Change.org petition calling on New Yorkers to get behind the push.

"The region's transportation network is in full-blown crisis," wrote the petition's creator, Alex Matthiessen. "New Yorkers are experiencing record levels of subway delays and derailments, reduced schedules for the LIRR, dangerously overcrowded platforms and cars, Penn Station shutdowns, massive traffic jams ... it's enough to make us stay home and never want to go outside again."

Cuomo is expected to reveal his plan in January, according to the Times.



Gov. Cuomo is expected to reveal a plan for congestion pricing in January. GETTY IMAGES



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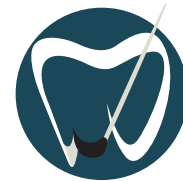
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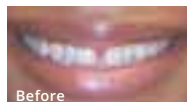
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No justice in 'notorious' Catholic priest abuse

A Northeast Philly native wants to raise awareness about sex abuse in the Catholic church.

CASSIE HEPLER
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letters@metro.us

Described by a Philadelphia grand jury in 2005 as one of the most notorious serial abusers in Philadelphia, Catholic priest Rev. James J. Brzyski was never charged. Now, a man who says he was one of his victims is speaking out.

John-Michael Delaney, 46, of Sevierville, Tennessee, grew up in the Fox Chase section of Northeast Philly and attended St. Cecilia's Catholic school where he lived with his mother and stepfather, as well as his little sister, who is now a Philadelphia police detective.

"My earliest memory of church was my first confession. I became an altar boy. Father James J. Brzyski was the head of the altar boys. That's

when the abuse started," said Delaney. "I was raped by the time I was 13. He befriended my family and was at our house a lot inviting us to the rectory all while he was molesting me and at least a dozen other boys in St. Cecilia's."

This shocking and detailed information is told in graphic detail in the 2005 Philadelphia grand jury report. Delaney was identified as "Sean" in the report.

"The Catholic Church has been looked upon as one of the most highly respected pillars in society, so when an issue of child molestation or rape is brought to attention, because the priests are so highly regarded, the accusations unfortunately are not fully investigated," said Tyra Gardner of At a Moment's Notice, LLC.

"When children are sexually abused, they are normally told it is a secret, and these victims do not tell," said Gardner, adding that victims may display unusual behaviors such as anger, aggression and

a refusal to be away from people they trust.

Delaney started acting out, getting in trouble and using drugs to the point where his mother had him charged as incorrigible. He was then sent off to St. Francis Home for Boys in Bensalem, where he stayed for about a year before they sent him to the Abraxas Foundation in Marienville for another year.

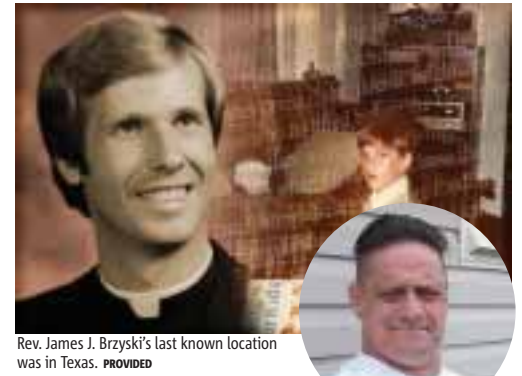
"I got out, continued using drugs, became an addict and was a bad father. I wasn't around my children for a long time. I was too self-involved in getting high trying to kill the memories of being abused. I was in and out of relationships; I couldn't handle them. I was 34 when I reached out to the Philadelphia district attorney to tell them of the abuse. I didn't keep quiet when I came forward — I was very public. I want people to know what the Catholic Church did to me. I was no longer scared in being the public," said Delaney.

Reporters have tracked Brzyski down, his last known location being in Texas.

Even though he admitted to his superiors that he was a pedophile in the Philadelphia grand jury report, the church saw fit to ask him to stay in ministry. The report alleged how Brzyski subjected Delaney and at least 16 other boys to "unrelenting abuse, including fondling, oral sex and anal rape" in the late 1970s and early '80s.

"They transferred him without saying anything to the new parish. They sent him knowing he had been accused of molesting young boys," said Delaney.

He is currently fighting a law in the Pennsylvania Senate that limits the time for victims of sexual abuse to come forward. A bill that passed the House in April 2016 would have lengthened the statute of limitations so victims age 50 and under could sue the men or women who abused them decades ago as well as the institutions.



Rev. James J. Brzyski's last known location was in Texas. PROVIDED

Philly native John-Michael Delaney is sharing his story about abuse that he allegedly endured at the hands of a Catholic priest. JOHN-MICHAEL DELANEY

Currently, victims of sexual assault over the age of 18 have 12 years to report sexual assault. Victims under the age of 18 who were born before Aug. 27, 2002, have 12 years after their 18th birthday to file criminal charges. Sexual assault victims under the age of 18 who were born after Aug. 27, 2002, have 32 years.

"It takes victims sometimes decades to be able to talk about the abuse," said Delaney. "People need to call, write or email their representatives and con-

gressmen and tell them to back this bill, get it passed and protect the children of Pennsylvania which has become a safe haven and sanctuary state for pedophiles."

An online petition has been started to extend the criminal and civil statutes of limitations on sex crimes committed against minor children in the Commonwealth of Pennsylvania.

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WHITE-COLLAR CRIME

Seven charged in US insider trading ring

U.S. authorities on Wednesday announced insider trading charges accusing seven people of generating more than \$5 million of profit based on tips from a Bank of America Corp employee about dozens of pending corporate transactions.

Daniel Rivas, who was the alleged tipper and later worked at Royal Bank of Canada, and James Moodhe, the father of

Rivas' girlfriend, both pleaded guilty to charges of fraud, conspiracy, and making false statements to Federal Bureau of Investigation agents.

The other five defendants were arrested separately on Wednesday, and charged in a 54-count indictment. All seven defendants face related U.S. Securities and Exchange Commission civil charges.

Prosecutors said Rivas, who worked in Bank of America's capital markets technology

group, leaked material nonpublic information about potential mergers, acquisitions and tender offers involving clients and prospective clients more than 50 times to co-conspirators, who then traded on the tips.

The trading occurred in three overlapping schemes between August 2014 and April 2017, involving transactions such as the takeovers of St. Jude Medical Inc by Abbott Laboratories and Monsanto Co. by Bayer AG, authorities

said. Thirty transactions were involved, the SEC said.

Rivas, 32, of Hasbrouck Heights, New Jersey, was fired by Bank of America in April, and has now been suspended by RBC, according to representatives for the respective banks.

RBC has "a zero-tolerance approach to infractions of the law or of our code of conduct," spokeswoman Sanam Heidary said in an email.

REUTERS

ALL THE
BEST PEOPLETOM
FOREMAN

Analysis

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously."



When he was campaigning, Donald Trump constantly bragged about the power of his business contacts — about how he could bring the biggest names in corporate America to his side to spur the economy and promote jobs. "You need people that are truly, truly capable," he said.

Now, he can't even keep them in the room.

His handling of the terrible events in Virginia has come under withering fire. Many see tacit support for racism in his response. Others see, at best, a clumsy attempt at equivalency between white nationalists and counterprotesters. Either way, his business buddies are fleeing fast.

The president had set up two advisory councils filled with movers and shakers, including the big bosses of Merck, Under Armour, General Motors, Johnson & Johnson, PepsiCo and many more massive companies. When the first few members started bailing out after the uproar over Charlottesville, he initially said he could easily replace them. But the defections grew so rapidly, he soon tweeted, "Rather than putting pressure on the businesspeople in the Manufacturing Council & Strategy & Policy Forum, I am ending both."

However, members of his Strategic and Policy Forum had their own message, suggesting their group was dissolving in part on its own volition. "Intolerance, racism and violence have absolutely no place in this country and are an affront to core American values," they wrote. "We believe the

debate over Forum participation has become a distraction ..."

In other words, they were facing tough questions from their own boards, their employees and the public about why they were still standing so close to the president amid this firestorm — and they moved away.

Whether you are a fan of this president or not, these are the facts as we know them right now: He is struggling mightily to pass any significant legislation. His approval rating remains dreadful. He has alienated an increasing number of members of Congress in his own party. And now his gold-plated claim to influence in the business world appears badly tarnished.

And all of that is raising a tough question: Even if Trump can figure out a plan to get his presidency back onto a positive track — who will help him?

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Kevin Plank, founder and CEO, Under Armour GETTY IMAGES

Plaques honoring Gen. Lee to be removed from Brooklyn tree

The New York chapter of the United Daughters of the Confederacy affixed the plaque in 1912.



NIKKI M. MASCALI
@MetroNewYork
nikki.mascali@metro.us

For more than 100 years, a plaque has been affixed to a maple tree outside a Brooklyn church to memorialize its planting by Gen. Robert E. Lee of the Confederate Army.

After the violent events that broke out during a rally of white supremacists in Charlottesville, Virginia, that plaque outside St. John's Episcopal Church in Fort Hamilton is slated to come down today, said the Episcopal Diocese of Long Island. The diocese owns the church, which closed in 2014 and is in the process of being sold.

"I think it is the responsible thing for us to do," Bishop Lawrence Provenzano told Newsday. "People for whom the Civil War is such a critical moment — and particularly the descen-

dants of former slaves — shouldn't walk past what they believe is a church building and see a monument to a Confederate general."

Confederate commemorations have become a hot-point issue, especially now in the wake of the Charlottesville rally, which protested plans to remove a statue of Lee from the University of Virginia campus.

Lee is said to have planted the tree at St. John's while stationed at the Fort Hamilton U.S. Army base in the 1840s. Two decades later, he commanded the Confederate Army of Northern Virginia in the American Civil War.

The local chapter of the United Daughters of the Confederacy affixed the plaque to the tree in 1912. The plaque reads:

"This tree was planted by General Robert Edward Lee while stationed at Fort Hamilton from 1842-1847. The tree has been restored and this tablet placed upon it by the New York Chapter United Daughters of the Confederacy April 1912."

Provenzano told

Newsday the tree is a "descendant" of the one planted by Lee. A second UDC plaque from 1935 commemorates the planting of the replacement tree, and that plaque will also come down Wednesday.

Additionally, mem-

bers of Congress from Brooklyn are urging officials to rename two Fort Hamilton streets that are named after Lee and Gen. Stonewall Jackson.

The UDC did not respond to a request for comment regarding the removal of the plaques.



The Robert E. Lee plaque had been affixed to a tree outside St. John's Episcopal Church in Fort Hamilton, Brooklyn, since 1912. GOOGLE MAPS

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CRIME

Bronx man pleads guilty to promoting toddler porn

A Bronx man pleaded guilty to promotion of child pornography that depicted children as young as three-years-old being sexually abused.

"The defendant promoted disturbing videos of young children — even toddlers — engaged in sexual acts," Bronx District Attorney Darcel D. Clark said. "His actions are abhorrent and we will continue to prosecute anyone who causes irreparable harm to children while hiding behind a computer screen."

The defendant, Raymond Fontanez, 43, of the 100 block of Alexander Avenue in the Mott Haven section of the Bronx, pleaded guilty on Wednesday before Bronx Supreme Court Justice Robert Neary to promoting an obscene

sexual performance by a child. He will be sentenced on Sept. 20 and is expected to receive two to six years.

Fontanez was first noticed by a detective with the New York Police Department's Vice/Major Case Squad. The detective saw that an Internet Protocol (IP) address was offering to share 10 images and videos of child pornography.

The IP address was traced back to a computer in Fontanez's apartment. After obtaining a search warrant, police seized Fontanez's laptop, which contained more than 500 videos and images of child pornography. The defendant did not participate in the sexual acts depicted. He was indicted for 1020 counts of child pornography promotion and possession in August 2016.

KIMBERLY M. AQUILINA

President Trump scared to fire Steve Bannon: Report

Even the Fox News CEO wants him gone. But the president keeps hanging on.

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@MetroNewYork
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President Trump is afraid of his senior adviser Steve Bannon and is scared to fire him for fear of losing ground with his white-nationalist base, reports say.

With the arrival of Gen. John Kelly as Trump's chief of staff, it was rumored that Bannon would be removed. Rupert Murdoch of Fox News has repeatedly advised Trump to dump Bannon. Moderate Republicans are urging the same. And Bannon started the week looking like a goner. A Tuesday report by CBS News, citing high-placed White House sources, claimed he could be fired as soon as the end

of this week.

But Trump has hesitated.

"The president obviously is very nervous and afraid of firing him," a White House insider told Reuters. Bannon, former executive chairman of the far-right Breitbart News, was instrumental in getting Trump elected by bringing the site's significant audience of white nationalists aboard. As the president's overall approval rating drops, he's reticent to alienate his base of hard-right supporters.

Reuters reports that Bannon has become embroiled in a feud with national security adviser H.R. McMaster, who has accused Bannon of planting negative stories about him in Breitbart.

That, the racially motivated killing in Charlottesville, and the president's calamitous reaction to it, does not make Bannon's job security any easier to



Steve Bannon is considered to be one of the president's most influential advisers. GETTY IMAGES

read. The president could fire him to answer allegations that white nationalism has taken hold in the Oval Office, or — as Monday's press conference showed — he could double down.

What is clear is that Gen. Kelly's arrival has not gone according to plan. Instead of instilling discipline in the

president, Kelly has seen the most chaotic and damaging week of Trump's term, from his aggression toward North Korea to the disastrous press conference about Charlottesville, in which Trump claimed a moral equivalence between neo-Nazis and the anti-racism protesters who opposed them.

VENEZUELA

Police believe thieves steal Venezuela zoo animals to eat them

Venezuela authorities are investigating the theft of animals from a zoo in the western state of Zulia that were likely snatched to be eaten, a further sign of hunger in a country struggling with chronic food shortages.

A police official said two collared peccaries, which are similar in appearance to boars, were stolen over the weekend from the Zulia Metropolitan Zoological Park in the sweltering city of Maracaibo near the Colombian border.

"What we presume is that they [were taken] with the intention of eating them," Luis Morales, an official for the Zulia division of the National Police, told reporters on Tuesday.

The chaotic collapse of the country's socialist economic model has created chronic food shortages that have fueled malnutrition and left millions seeking food anywhere they can find it, including in trash cans and dumpsters.

President Nicolas Maduro blames food shortages on opposition protests that have blocked streets and highways and a broader "economic war" led by adversaries with the help

of Washington.

But zoo head Leonardo Nunez said a wave of thefts that in recent weeks had affected 10 species including a buffalo, which he said was cut into pieces, was orchestrated by "drug dealers" seeking to sell the animals.

"They take everything here! The animals weren't stolen to be eaten," Nunez said in an interview on Wednesday.

Mauricio Castillo, a former zoo director, said thieves had made off with two tapirs, a jungle animal that is also similar to a pig that is described as vulnerable to extinction by the International Union for Conservation of Nature.

Shortages have also left zoos without sufficient food to feed animals, with some 50 animals starving to death last year at Caracas zoos, according to a union leader.

The government denied the animals had starved, insisting they had been treated "like family." REUTERS



A water buffalo
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White House to GOP: Charlottesville response was 'entirely correct'

Trump again placed blame for the violence on "all sides."



ERIN TIERNAN
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The White House sent out a list of talking points for Capitol Hill Republicans in the aftermath of a Trump press conference Tuesday in which the president again said "both sides" were to blame for the violence at the white nationalist protests in Charlottesville, Virginia, last weekend.

The memo came hours after Trump appeared to draw a moral equivalency between racist demonstrators and counterprotesters and urged Republicans to say Trump was "entirely correct" in spreading the blame for the deadly

Charlottesville protests, according to reports by CNN and CBS.

Trump's off-the-cuff comments in the news conference at Trump Tower, including his insistence that "both sides" were responsible for the violence and claimed the so-called "alt-left" came "charging with clubs in their hands," earned explosive criticism Tuesday.

The White House memo attempted to dial back Trump's rhetoric, saying he was instead preaching equality under the law.

But if it's equal treatment the White House was trying to project, they appeared to be leaning slightly to the right. The memo cited violent events carried out by far-left "extremists" like the Dallas sniper that killed five officers at a Black Lives Matter protest in 2016 and

a shooting at a congressional baseball team practice where a Bernie Sanders supporter targeted GOP members of Congress. The memo didn't include any acts of violence on the far-right side.

Here are just some of the talking points listed in the memo, as published by CNN:

- The president was entirely correct — both sides of the violence in Charlottesville acted inappropriately, and bear some responsibility.
- Despite the criticism, the president reaffirmed some of our most important founding principles: We are equal in the eyes of our Creator, equal under the law, and equal under our Constitution.
- He has been a voice for unity and calm, encouraging the country to "rediscover the bonds of love and loyalty that



President Trump has worked to keep the support of his base after his much-criticized response to the violence in Charlottesville. GETTY IMAGES

brings us together as Americans."

- He called for the end of violence on all sides so that no more innocent lives would be lost. The president condemned the hate groups fueled by bigotry and racism over the weekend, and did so by name yesterday, but for the media that will never be enough.
- The media reacted with hysteria to the notion that counterprotest-

ers showed up with clubs spoiling for a fight, a fact that reporters on the ground have stated.

- Even a New York Times reporter tweeted that she "saw club-wielding 'Antifa' beating white nationalists being led out of the park."
- The local ACLU chapter also tweeted: "Not sure who provoked first. Both sides were hitting each other at Justice Park before police arrived."

- We should not overlook the facts just because the media finds them inconvenient.
- From cop killing and violence at political rallies to shooting at congressmen at a practice baseball game, extremists on the left have engaged in terrible acts of violence.
- The president is taking swift action to hold violent hate groups accountable.

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INTERVIEW




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Now Google can tell you when your allergies are going to be torture

You can also receive notifications to let you know when the pollen count is high.

LENYON WHITAKER
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If you're constantly checking the pollen count because you suffer from seasonal allergies, then this new Google feature is for you.

The tech giant has teamed up with The Weather Channel to include the pollen index,

giving users the ability to search for up-to-date information about the pollen levels and other forecast data.

When the Google feature becomes available, you'll be able to search for allergy or pollen information on your mobile device when you use Google. It will provide you with basic pollen index information in advance that could help get you through the day — as in, it will tell you when you can't afford to leave home without packing a bottle of Benadryl. It will also let you know the pollen levels for the following five days just like the weather forecast.

According to Google, when the pollen count is very high in your area, you can set up a Google alert on your mobile device to be notified in advance so you'll know when you'll need to take an extra dosage of allergy medication.

While this nifty feature from Google may not be the answer to solve bigger issues happening in the world, it can be helpful for those

suffering from daily allergies and could make coping with them a little bit easier.

What is pollen?

Pollen is a fine powdery substance made from microscopic grains produced by male plants.

Pollen is usually yellowish in color, but can also be red, purple, white and brown. Pollen can be easily blown by the wind and can cause hay fever.

What is the pollen count?

The pollen count is a measurement of the amount of pollen found in a cubic meter of air. The higher the number, the more pollen found in the air.

One out of five Americans suffer from allergy symptoms caused by a hypersensitivity to pollen. Some of the symptoms include sneezing, coughing, runny nose, red, watery and itchy eyes. Those who suffer from pollen allergies know each day can be miserable if the pollen count is high and medication is not taken.

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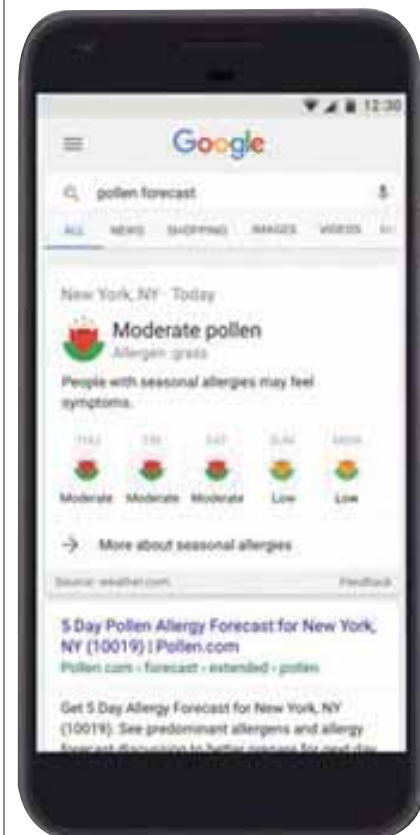


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Why Aren't Doctors Telling About These Two Often

Two Advanced Medical Treatments Every Knee Arthritis Sufferer

New York City, New York

NY Pain MD is a medical group with locations in Midtown NYC and Downtown NYC that has treated thousands of knee arthritis and joint pain patients.

Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.

If you suffer with knee or other joint arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are There Any Better Options?

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

There are two options that many knee arthritis sufferers have never heard of.

Before we get into the two treatments, please understand this...

NY Pain MD is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

Know this fact: There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

#1 Viscosupplementation

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into

that, here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knee.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." Pharmaceutical companies (with the help of scientists) can now make natural synovial fluid gel-like compounds that, during viscosupplementation, treatments... doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at **NY Pain MD** use Precision Arthritis Targeting Technology or P.A.T.T. so they can actually see the medicine going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without imaging technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology and without good results - this may very well be why.

That's why **NY Pain MD** takes it even one step further. They do not just use one-step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different "brands" or formulas. Like all medications, some people respond better to one than another. So, the experts at **NY Pain MD** use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at **NY Pain MD** have found that earlier you start Viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why **NY Pain MD** is now seeing so many patients as young as 35 to 40.

Summary: If you have arthritis pain and have not tried Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results, you may still be able to get great results with the proper targeted imaging and specific medication.

What Should You Do If Viscosupplementation Fails?

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

This is not true...and here is why

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

#2: Radiofrequency Treatment

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

Knee Arthritis Suffers Successful Treatments?

Needs To Know - Before Or After Knee Replacement Surgery

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one two week later, Radio Frequency waves are applied for long term relief.

Is It Safe?

Research has shown this to provide relief for patients and the procedure to be safe and effective.

One study published November 4, 2010 in the journal *Pain* found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period. Some studies indicate some patients may get years of relief in some cases." RF neurotomy (radio frequency treatment) of genicular nerves leads to

significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.

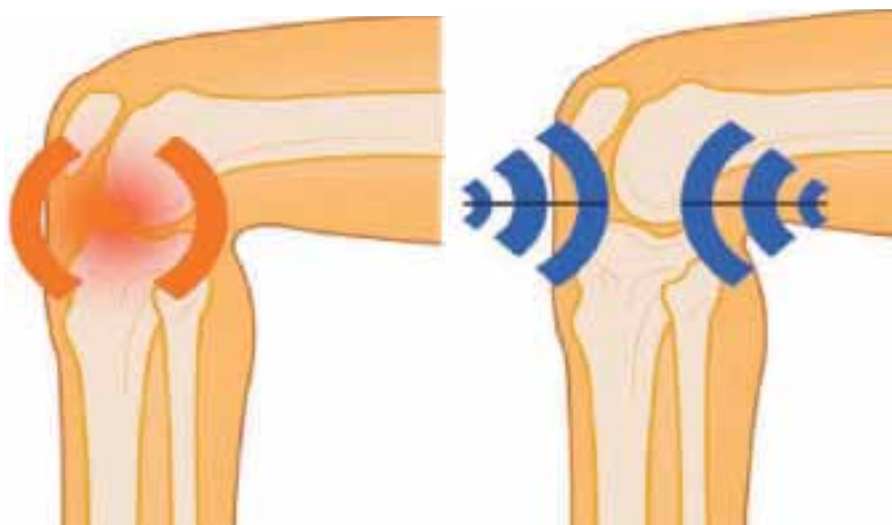
The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and provided relief.

What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

Advanced Treatment Uses Medical Radio Frequency Waves To Relieve Pain



Science rescues knee arthritis sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

NY Pain MD believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at *NY Pain MD*

If you would like a complimentary screening, just call 855-456-PAIN [7246] and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordinators will get you appointed for next month

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Jeff Bridges on the mystery of life and the zen of SoulCycle

Callum Turner and Jeff Bridges in "The Only Living Boy in New York." NIKO TAVERNISE / AMAZON STUDIOS / ROADSIDE ATTRACTIONS

"The Dude" gets philosophical while talking about his new flick.

MATT JUUL

If you thought your family was dysfunctional, wait until you meet the characters of Jeff Bridges' new drama "The Only Living Boy in New York."

Directed by Marc Webb, the film centers around a college grad named Thomas (Callum Turner) who finds out that his father, a successful New York publisher played by Pierce Brosnan, is cheating on his mother with a younger woman (Kate Beckinsale). Things get complicated as Turner's character decides to break up his dad's

affair by sleeping with his mistress. Meanwhile, Bridges plays Thomas' whiskey-loving neighbor who ends up mentoring him through the tricky situation, but also has his own mysterious agenda.

We chatted with the 67-year-old Oscar winner about the film, and he didn't hesitate to break out his "Dude" side for a very zen conversation on the soul of New York, the mystery of life and more.

Having lived in New York back in the day, do you agree with the assessment made by Callum Turner's character, that New York has lost its soul to the rise of Starbucks and SoulCycle?

What is that term you used, SoulCycle? What is

that, a cycling place?

Yeah, it's a popular cycling gym.

Souls and other things go through cycles. This is just another cycle that will spawn a more creative, artistic one. But us human beings, we don't like change. We resist it — I know I do. We get nostalgic for things. But it ain't what it used to be.

What's the film's message then? Is it better to go with the flow?

We're part of the flow as well. We have something to do with what's happening. I don't know if there's really a message. I think it's maybe the appreciation of life, the mystery of life. That's kind of how life is. You

think you got it figured out, but it's got many other layers to it. And just to be sensitive to that and ask yourself, "What's your role in the way it all flows?" You don't like the way your town is looking, what are you going to do about? You can supply the soul that you feel that your city is lacking.

The film revolves around a dysfunctional family of art lovers. Can you be a great artist without messing up your family life?

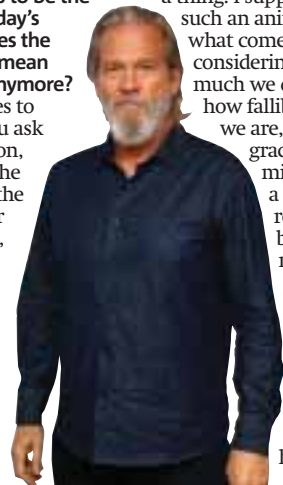
Art surfaces in all kinds of different families at all different levels of disruption and that sort of thing. I don't think you have to suffer terribly to be an artist. Life supplies us all with a dose of suffering all through our lives. No,

I think art blooms in all sorts of situations.

Lies are a big part of the film. Considering how lying seems to be the norm in today's politics, does the truth even mean anything anymore?

What comes to mind as you ask that question, lies imply the truth, and the truth, as far as I can tell, is such a subjective kind of thing. Our goals for telling our version of the truth and why we lie,

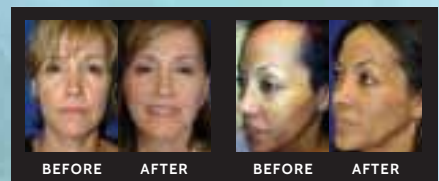
sometimes we'll think our lying is for the common good — and often it can be. You can tell an ethical lie, if that's such a thing. I suppose there's such an animal. Also what comes to mind, considering how much we do lie and how fallible a species we are, the word grace comes to mind. I'm not a particularly religious guy, but there must be some grace going down that's allowed us to hang out on the planet as long as we have.



DR. KEVIN ENDE, MD

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Both Ryan Reynolds and Samuel L. Jackson are grounded in "The Hitman's Bodyguard." LIONSGATE



'The Hitman's Bodyguard' is far from the sum of its parts

Neither Samuel L. Jackson nor Ryan Reynolds can save this underwhelming film.

GREG WAKEMAN
@MetroNewYork
letters@metro.us

For a film that features Samuel L. Jackson cursing profusely at Ryan Reynolds, "The Hitman's Bodyguard" is nowhere near as funny as it should be. Sure, there's

appeal in juxtaposing the aggressive stubbornness of Jackson with the wise-cracking sarcasm of Reynolds. But it's also the main reason why the film flounders.

Reynolds plays Michael Bryce, a triple A-rated executive protection agent who is tasked with protecting Jackson's Darius Kincaid, one of the world's most notorious hitmen. Michael has just 27 hours to transport Darius from the middle

of England to the International Court Of Justice in Holland, so that he can testify against the brutal dictator Vladislav Dukhovich (Gary Oldman). In exchange for his testimony, Darius' wife Sonia (Salma Hayek) will be given immunity. The only problem is there's quite a lot of bad blood between Darius and Michael.

It seems like the people behind the film, in theaters Friday August 18, believe that simply

bringing the two actors together and letting them loose on screen would be enough, but it isn't. Too much freedom is given to both Jackson and Reynolds. While Tom O'Connor's script gives the two actors enough opportunities to offer expletive heavy witticisms and barking retorts, none of the remarks are memorable. Even worse, Gary Oldman is wasted as nothing more than a villain with a vague East

European accent and some scar tissue.

Ultimately, "The Hitman's Bodyguard" is frustrating because you can actually see the potential. There's a constant momentum to the film and the action beats are perfectly placed. But it fails to take any initiative of its own and it drowns in derivative-ness. It doesn't help that there's a complete lack of panache to Patrick Hughes' direction, who

stagnates rather than ignites what should be the film's most spectacular moments.

While "The Hitman's Bodyguard" isn't a complete waste of your time, it's far from the sum of its parts — and considering its star-studded cast, that's a particularly egregious offense. In the end, it's a woefully underwhelming film that never comes close to being a coherent, entertaining action comedy.



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Studio		\$1,448	1	→	1 person \$ 51,532 - \$ 60,120		\$1,615	1	→	1 person \$ 57,258 - \$ 66,800
1 bedroom		\$1,554	3	→	1 person \$ 55,234 - \$ 60,120 2 people \$ 55,234 - \$ 68,760		\$1,733	4	→	1 person \$ 61,372 - \$ 66,800 2 people \$ 61,732 - \$ 76,400
2 bedroom		N/A	N/A	→	N/A		\$2,089	1	→	2 people \$ 73,612 - \$ 76,400 3 people \$ 73,612 - \$ 85,900 4 people \$ 73,612 - \$ 95,400
Unit Size	110% AREA MEDIAN INCOME (AMI) UNITS	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum - Maximum) ⁴	120% AREA MEDIAN INCOME (AMI) UNITS	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ (Minimum - Maximum) ⁴
Studio		\$1,782	1	→	1 person \$ 62,983 - \$ 73,480		\$1,949	5	→	1 person \$ 68,709 - \$ 80,160
1 bedroom		\$1,912	4	→	1 person \$ 67,509 - \$ 73,480 2 people \$ 67,509 - \$ 84,040		\$2,091	12	→	1 person \$ 73,646 - \$ 80,160 2 people \$ 73,646 - \$ 91,680
2 bedroom		\$2,304	1	→	2 people \$ 80,983 - \$ 84,040 3 people \$ 80,983 - \$ 94,490 4 people \$ 80,983 - \$ 104,940		\$2,519	2	→	2 people \$ 88,354 - \$ 91,680 3 people \$ 88,354 - \$103,080 4 people \$ 88,354 - \$114,480
3 bedroom		N/A	N/A	→	N/A		\$2,902	1	→	3 people \$102,069 - \$103,080 4 people \$102,069 - \$114,480 5 people \$102,069 - \$123,720 6 people \$102,069 - \$132,840

¹ Rent includes gas for cooking.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **October 11, 2017**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español

Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **11 de octubre 2017**.

简体中文

访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至: **VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**。信封背面请用英语注明“CHINESE”。必须在以下日期之前在线提交申请或邮寄书面申请2017年10月11日。

Русский

Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **11 октября 2017**.

한국어

nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**으로 보내주십시오. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주십시오. 2017년 10월 11일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Kreyòl Ayisyen

Aplike sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlop ki gen adrès pou retounen li nan: **VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**. Nan dèyè anvlop la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **oktòb 11, 2017**.

العربية

تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى: **VIA 57 West c/o The Wavecrest Management Team, 87-14 116TH Street Richmond Hill NY 11418**. على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل **11 أكتوبر، 2017**.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer



Who are Marvel's new 'Defenders'?

Breaking down each member of the Netflix miniseries' superhero crew. **MATT JUUL**

Spider-Man and Thor aren't the only heroes representing Marvel in 2017, as Netflix is set to bring the crime-fighting prowess of Daredevil, Jessica Jones, Luke Cage and Iron Fist to the small screen with "The Defenders" miniseries.

While the comic book version of the

team originally consisted of mystical and super-powered characters like Doctor Strange and the Hulk, the latest incarnation of the superhero crew is a bit more down to earth. Sure, the group still features a blind ninja and a bulletproof ex-con, but that's a bit more believ-

able than a wizard who can stop time or a giant green monster with an attitude problem.

In honor of the show dropping on Netflix this Friday, August 18, we break down the background of each hero on the team so you have all the info you need to watch "The Defenders."



The gang's all here.
SARAH SHATZ / NETFLIX



PATRICK HARBON/NETFLIX

Daredevil

By day, Matt Murdock (Charlie Cox) is a hard-working lawyer who helps out the citizens of Hell's Kitchen. But by night, he transforms into the rooftop-jumping vigilante known as Daredevil.

Despite being blinded as a kid, Murdock was able to hone the rest of his senses, as well as his fighting abilities, under the tutelage of Stick, a blind sensei and leader of the Chaste ninja clan. Daredevil's mentor taught him all the skills he needed to take on the nefarious Hand organization, which is the evil running amok around New York City in Netflix's interconnected Marvel shows.



NETFLIX

Luke Cage

The hero of Harlem is back in "The Defenders" and he's ready for a fight.

During season one of "Luke Cage" we learned that the super strong, bulletproof protector gained his powers from a painful military experiment conducted in prison. Despite being a convict on the run, Cage couldn't help but use his newfound abilities to protect his neighborhood from evildoers once he got out of jail.

After his solo show's finale saw Cage get sent back to prison following his battle in the streets with the devilish Diamondback, the hero will once again be a free man when "The Defenders" rolls around. Hopefully his antics with Daredevil and the gang won't lead to another orange jumpsuit.

Iron Fist

A little bit like Batman — sans the Batcave and utility belt — Danny Rand (Finn Jones) is an expert in numerous hand-to-hand fighting techniques, who's on the hunt for the Hand as the immortal Iron Fist.

As a child, Rand somehow survived a plane crash in the Himalayas that ended up killing his parents, the billionaire owners of Rand Enterprises. Luckily, he was discovered by a group of mystic monks who taught him how to become a living weapon with a glowing fist.

Iron Fist's job is to seek out and destroy the Hand, but he sort of messes all that up in season one of his solo series. The kung fu master will need a lot of help from the rest of the Defenders when they finally go head-to-head with the evil organization.



MYLES ARONOWITZ/NETFLIX

Jessica Jones

The only thing Jessica Jones (Krysten Ritter) likes more than roughing up some bad guys is kicking back a bottle of whiskey.

The hard-drinking, foul-mouthed private investigator isn't somebody you'd want to mess with, especially considering the fact that she has powers ranging from super strength to limited flying abilities. Like many superheroes, Jones also has a tragic backstory, having survived a car crash that killed her family, which eventually leads her down a path of guilt and self-doubt.

Don't expect her to play nice with the rest of the Defenders.



SARAH SHATZ / NETFLIX

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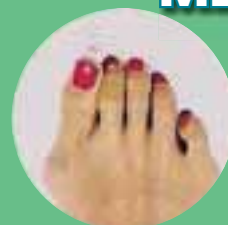


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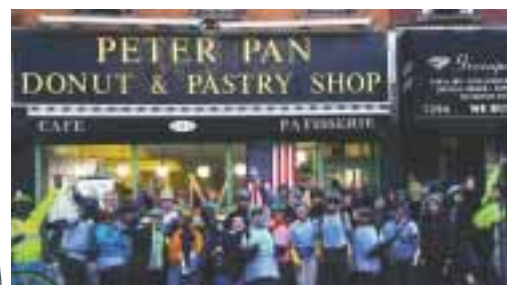
3 fun weekend fitness events



Intersperse your asana with Billy Joel hits at "Get Your BJ On" Saturday night at the Gowanus Experiment. **ISTOCK**



The Big Quiet takes over MSG Sunday. **INSTAGRAM.COM/THEBIGQUIET**



Will bike for doughnuts. **INSTAGRAM.COM/ALLNIGHTDONUTRIDE**

For when you want to break a sweat but not go too hard.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

When the weekend hits, sure, you want to be (kinda) active, but also definitely take it easy. Here are three fitness-lite events that will get your endorphins going, while

also allowing you to indulge yourself — behold, a Friday night doughnut-fueled bike ride, Saturday night yoga class set to Billy Joel tunes and a Sunday morning mass

meditation that will have you finding your om at Madison Square Garden.

All-Night Donut Ride

You'll need the sugar — and the coffee! — to power you through this 45-mile nocturnal bike ride. The third annual overnight bike trip/doughnut-shop tour begins Friday night at 11:30 p.m. in Central Park and cycles through the Bronx, Queens and Manhattan before ending at 6:30 a.m. in Long Island City. Along the way, riders stop for doughnuts and coffee at the best doughnut shops

across the boroughs. BYOB (bring your own bike), lights and a helmet required. Doughnuts, coffee and a 2017 Donut Ride T-shirt included in \$65 entry. Register at thedonutride.com.

The Big Quiet

Meditation is not easy to master, but doing it in a crowd of thousands could make it less intimidating. Newbies and gurus alike are welcome to join in this mass meditation held Sunday at 10 a.m. at MSG. The \$40 tickets include a \$15 Sweetgreen credit, an Outdoor Voices tote and

tickets to Sunday's 3 p.m. New York Liberty game. Register at bigquiet.nyc.

Get Your BJ On

It can be hard to motivate yourself to get to a yoga class, even though you know you'll feel looser-limbed and more clear-headed after. It can help to take a lowkey, themed class — say, Billy Joel Yoga. This Saturday night class at the Gowanus Experiment intersperses asana with the piano man's hits. The \$20 entry fee includes wine — a bottle of red and white, naturally. 6 p.m.-7:30 p.m., thegowanusexperiment.info

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Locavore gaming

Meet the developers in your own backyard at Play NYC, the city's first-ever dedicated video game convention.



EVA KIS
@thisiskis
eva.kis@metro.us

With all the nerds in New York City — our Comic Con has been bigger than San Diego's for years now — it's hard to believe we haven't had a dedicated video game convention.

That changes this weekend, when the first-ever Play NYC comes to Terminal 5 with over 100 games spread across three floors (and the rooftop!) for every console, computer, mobile and virtual reality rig on the market.

Oh, and every game comes from an indie developer working right here in the tri-state area.

"We have this great opportunity with an entire building and a whole weekend and we thought, 'Let's make it New York's

most playable building ever,'" says Dan Butchko, the lead organizer of Play NYC. "We really converted the entire building into a playspace."

Though there are larger events (like Comic Con) with gaming components, many independent developers don't have the budget to attend and would be overshadowed, anyway. Helping establish and grow small studios made up of just one to five people is Butchko's day job as the founder of Playcrafting, an online education platform for

aspiring game developers teaching everything from coding to financing.

Think of Play NYC, he says, as supporting your local mom-and-pop shop.

"You're gonna find something really awesome regardless of your age or your background," he says. "This is not just an event for gamers; this is an event for anyone who wants to have fun and support their community."

An entirely new kind of game

Between the stalls of

games, you might spot a piece of art that's leaping off the walls. Yes, these are playable, too, and specially commissioned for Play NYC.

"We wanted to make sure that if we're gonna give New York City its first dedicated games convention, it didn't feel like some other event plopped into a New York space," says Butchko.

So they asked artists and developers to collaborate on what he's dubbed "game graffiti." One of the results is "Starcatcher," which involves players

catching stars with a net as they fall down restore light to the night sky. "It's basically filling the sky with constellations."

Gamers are essential

The all-ages event will highlight not just ready-to-play games but give you a peek behind the scenes into the development process and help shape a game while it's still in the works.

"Play testers are a very valuable resource for developers, and if you don't have the money to put on big events of your own or hire [quality analysis] testers in-house, they really rely on events like this to get feedback," Butchko explains.

So chat up the devs, let them know what you think — and maybe, it'll inspire you to try your hand at making your own game. Getting started couldn't be easier: Two of the gaming world's major coding engines are available for free, and Playcrafting holds quarterly

If you go

Play NYC
Aug. 19-20, 10 a.m.-6 p.m.
Terminal 5
610 W. 56th St.
\$25, play-nyc.com

developer expos to keep makers connected.

Keeping it real

"Interestingly enough, we're not all digital," Butchko says. "Play NYC is about 90 percent digital games, but there's a vocal, passionate and talented piece of the community focused on live games."

For them, a live-action roleplaying game will be taking place throughout the convention, while up on the Terminal 5 rooftop is where you'll find tabletop board and card games by Come Out and Play NYC, which stages its own annual live games festival in the city.

The real world isn't passé just yet.



3 NEW OPENINGS YOU NEED TO KNOW

Martina

Danny Meyer's upscale Marta has a new fine-dining little sister, Martina, in the East Village. They share the same chef, Nick Anderer, who's ambled around Italy enough to know what makes a good pie. While you'll still have to trek to Marta for their incomparable straciatella pizza, Martina's seven personal-size pizzas clock in at \$7-\$12, served at a counter, plus apps and desserts as well as wine and champagne.

198 E. 11th St.
martinapizzeria.com



LIZ CLAYMAN

P.S. Kitchen

New fine-dining vegan spot, P.S. Kitchen, from Union Square Cafe veteran chef Gary Barawian, is the second venture on the NYC food scene to take a philanthropic approach: All profits from the Theater District restaurant will be donated to charity. The menu focuses on reimagining American comfort food classics with a French twist, and though it's fine dining, main courses range from \$12-\$22.

246 W. 48th St.
ps-kitchen.com



MICHAEL TULIPAN

Oscar Wilde

New York City has a new longest bar: 118.5 feet, courtesy of Oscar Wilde, a massive new Victorian-themed bar in Flatiron from the owners of the Lillie's franchise of 19th-century opulence. The Wilde is similarly crammed with ornately carved marble and relics from around the world. The cocktail list resurrects classics like the gin sling and absinthe drip, plus over 300 whiskeys and 32 beers on tap.

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Sunday, September 3

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SUMMER



ALL PHOTOS PROVIDED

Coney Island Sand Sculpting Contest

New York's seaside carnival adds a few more spectacles this weekend when the beach becomes the site of some incredible works of art. Free to enter and attend, the Coney Island Sand Sculpting Contest invites amateurs and semi-pros to enter in various categories: family, adult group and individual, so everyone has a chance at glory — until the sea reclaims what belongs to it.

Aug. 19, noon-4 p.m., West 10th-12th streets, free, wearebcs.org/sand

MUSIC

Beach Boys

Transport yourself to California without leaving the East Coast with the music of the Beach Boys when they perform for one night at Broadway's Beacon Theatre this Thursday. Revisiting hits like

"Surfin' USA," "Good Vibrations" and "Kokomo," today's touring band members (led by Mike Love and Bruce Johnston) will bring a beachy summer vibe to the center of New York City. You'll join the Beach Boys' legacy of more concert performances than any major rock band in history. **Aug. 17, 7:30 p.m., Beacon Theatre, 2124 Broadway, \$44-\$203, beacontheatre.com**

FILM

Movies With a View: "Mad Max: Fury Road"

When "Mad Max: Fury Road" came out, all anyone could talk about was its amazing visuals — and now you can enjoy those with a real-life bonus, the scenic background of the harbor from Brooklyn Bridge Park. It's free to attend the entire event, which includes music from DJ 100lbs (Soon Comes Sound) and the short film "The Rabbit Hunt" starting at 6 p.m. Then, when it gets dark, it's time to catch Furiosa's revenge on the big screen with a great view to boot. **Aug. 17, 6 p.m., Brooklyn Bridge Park, Harbor View Lawn, Free, brooklynbridgepark.org**

COMEDY

"Aliens Coming: The Musical"

High school is hard. Trying to make the grade, get a date to prom, ride the crazy hormone surges. Oh, and aliens are trying to harvest your genitals. At least, that's what's going on in "Aliens Coming: The Musical," which returns to The PIT for one month following a previously sold-out run. Lampooning sci-fi tropes and classic teen angst sagas, the show is about two best friends surviving senior year (and also alien abductions) while saving the world before graduation.

Aug. 17-Sept. 18, People's Improv Theater, Striker Mainstage, 123 E. 24th St., \$10, thepit-nyc.com

MUSIC

DJ Snoopadelic aka Snoop Dogg

The rapper, actor and Martha Stewart BFF has added another name to his long list and will drop the beats on New York City at a one-night-only show. He'll be performing his latest album, "Neva Left," itself a reflection of his musical career to date (so there should be something for every fan). **Aug. 18, 11:30 p.m., B.B. King's Blues Club & Grill, 237 W. 42nd St., \$35-\$40, bbkingblues.com**

EDUTAINMENT

MOFAD @ Night

See the Museum of Food and Drink in a whole new light this weekend by checking it out after dark. MOFAD @ Night invites adults 21+ to a special event on Friday in honor of its current exhibit "Chow: Making the Chinese American Restaurant." Admission gets you into the museum to learn about the birth of Chinese cuisine in America while enjoying light bites, two alcoholic beverages and mingling with fellow foodies. **Aug. 18, 6-8 p.m., MOFAD Lab, 62 Bayard St., Brooklyn, \$20, mofad.org**

BARBECUE

Blues BBQ Festival

Two of the South's proudest traditions come to the Hudson River Park this Saturday for the free Blues BBQ Festival at Pier 97. Enjoy live blues and roots music by Sugar Ray and the BlueTones, The Campbell Brothers and Eric Gale, as well as pay-as-you-go food from the likes of Mighty Quinns,

Dinosaur Bar-B-Que, Pig Beach and the vegan barbecue causing all the fuss from Monk's Meats. **Aug. 19, 2 p.m., Pier 97, Hudson River Park at W. 59th St., Free, hudsonriverpark.org**

HANDS-ON ART

Clay Club

Feeling artistic? Dig your hands into 2,000 pounds of clay this Saturday at SculptureCenter, which was started by sculptor Dorothea Denslow as Clay Club in 1928. She would lead summer expeditions on Staten Island where her students would build giant temporary sculptures. And after you've created a masterpiece in either free-form or in a guided class instructed by leading studio artists, you can enjoy live music and food from local favorites Hendu's Sandwiches, The Mill and Hibino LLC. **Aug. 19, 10 a.m.-2 p.m., SculptureCenter, 44-19 Purves St., Long Island City, free, sculpture-center.org**

DRINKS

Margarita March

Margaritas aren't just for Cinco de Mayo. Sample an array of sweet and salty, frozen and rocky cocktails this Saturday and Sunday during the fifth annual NYC Margarita March. It kicks off at Bar 13 and moves through eight Lower East Side locales, getting you a margarita at each (working out to about half the cost), from Wicked Willy's to Slaynt. A portion of each ticket goes toward charity. **Aug. 19-20, noon-10 p.m., multiple locations, \$65, nycmargaritamarch.com**

T. MICHELLE MURPHY

DANCING



Doughnuts & DJs

Do you like doughnuts? How about free ones? Chef Bjorn Dela Cruz of Manila Social Club (a Filipino restaurant in Williamsburg) rocks up to Lazy Ibis to serve you fresh-baked, handmade doughnuts ranging from new flavors to Manila faves like Ube Bae (made with purple yam) and Churro. Get your sugar high, then groove to deep house from DJ Vegan and DJ Kappa. **Aug. 18, 7-11 p.m., Lazy Ibis, 633 Franklin Ave., Brooklyn, free, manilasocialclub.com**

Jeju Island is a trove of cultural and natural wonder that's nearly off the radar.

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WINNING THE MIDDLE ROUNDS KEY TO FANTASY FOOTBALL

Anyone can pick a stud fantasy player in the first round, but what about Rounds 4-8? Here's a look at more players to target and avoid in your fantasy football draft.

Britt won't be a bust

It seems like Kenny Britt has been playing in the league forever, but he's still only 28. He's coming off a surprising season in which he set career highs in targets, receptions and yardage. Because he played in the Rams' putrid offense, he was limited to just five touchdowns, but he was still a steady WR3 in most formats.

This year he is the top wideout in Cleveland, and while that offense certainly isn't terrifying defenses either, Britt is still capable of a season like last year and, given his durability, he should

BILL DUBIEL

Bill Dubiel is a fantasy football expert and lead NFL columnist for Rotoballer.com.



more than return on his current ADP (WR47, 113 overall).

Kelley still locked in

There was plenty of talk that rookie Samaje



Hold off on trying to draft Carolina rookie Christian McCaffrey. GETTY IMAGES

Perine would win the starting running back job in Washington coming into training camp, but in the last few weeks Rob Kelley has actually strengthened his grip on

the RB1 role. Kelley came into camp "bigger and faster" according to head coach Jay Gruden and has been making strides improving his pass-catching abilities. Perine,

on the other hand, has struggled with fumbling all through camp, and already coughed one up in the Redskins' first preseason game. Kelley has a stranglehold on the RB1

job, and the Washington offense should move the ball plenty in 2017. Kelley is currently the 38th running back off the board, but his ceiling is so much higher if he can fend off Perine for an extended period of time.

The cost is too damn high

Carolina rookie Christian McCaffrey is a dynamic back with a bright future, but the hype train is out of control heading into fantasy drafts. At best, McCaffrey figures to be the low man in a timeshare with veteran Jonathan Stewart in the backfield, while also taking some touches in the passing game. However, his ADP has spiraled out of control and he's currently going in the third round of most drafts, ahead of much safer options like Travis Kelce, Isaiah Crowell

Namath on Jets: 'They're not trying to lose games'

It isn't a tank year for the New York Jets, so says the greatest player in franchise history. But Joe Namath does want to see this team get better and improve, something many critics around the NFL think will be difficult given their roster this year.

The Jets are clearly in a youth movement and rebuild mode, the team cutting ties with a number of veterans this offseason like quarterback Ryan Fitzpatrick, center Nick Mangold, cornerback Darrelle Revis, wide receiver Brandon Marshall and linebacker David Harris among others. That the team is getting ready to tank however, is a fallacy according to Namath.

He doesn't agree with the conventional wisdom that the Jets are looking to lose games just to get a top draft pick in 2018.

"They're not trying to lose games, they're absolutely not. The coaches aren't, the players aren't. They're giving every

ounce of energy they can. No, no, no. They're not at that level because they accept losing," Namath told Metro.

After spending big two years ago in free agency and then keeping his core together, general manager Mike Maccagnan had some tough decisions this offseason. He parted ways with a number of popular veterans and likely 'Ring of Honor' members, knowing that the team had to get younger.

Now with the expectation level so low for the Jets this offseason, just a competitive season might be enough to see Maccagnan keep his job as well as that of head coach Todd Bowles.

Namath is hopeful that the Jets can rebuild, be competitive and head in the right direction. He sees the NFL Draft as a key to the organization's process, a part of team-building that the franchise has seemed to struggle in.



Joe Namath is either clueless or extremely optimistic. GETTY IMAGES

The team did get good returns from Leonard Williams, the defensive lineman taken in the first round two years ago in Maccagnan's first draft with the Jets. But the jury remains out on his quarterback selections, including Bryce Petty (2015) and Christian Hackenberg (2016).

"I think all of us are frustrated — I say all of us who are Jets teams. The 31 other teams couldn't care less. But we care about the Jets, we care as fans, but it's been frustrating. I try not to talk about it, critiquing the Jets, unless I have something good to say about them. There was a time that I

was critiquing them honestly and that didn't work out because no one wants to hear negatively about it. I'm disappointed about the selection process of certain personnel over the years, especially in recent years. Maccagnan first came in, Bowles first came in, things look like they were on the upswing," Namath said. "Williams is doing well; we've made some good draft choices. I've got some issues with how they pick certain players, quarterbacks specifically. The jury is still out on Hackenberg. Hopefully he gets enough tries to see if he can hold down the job. Same thing with Petty.

"I think there's a history, there's been coach in the past, I'm not going to say the name, who said it is better to go 2-14 than 8-8 with that philosophy you're going to get a higher draft picks. Mediocrity — you can't be happy with it.

Fans can't be happy with it." KRISTIAN DYER

Namath very concerned with brain injury

While Namath maintains a busy schedule he is also passionate about finding answers for traumatic brain injuries.

The Joe Namath Neurological Research Center works with those suffering from brain injuries to "improve long-term recovery." This passion goes beyond the playing field for Namath, who suffered several concussions while in the NFL.

"It seems to me that concerning traumatic brain injuries, we don't hear about it other than sports," Namath said. "And the families affected — whether it be car accidents or work related — we are trying to help."

Namath is gearing up for an Oct. 10 gala at Cipriani's on 42nd Street in New York City to support the research center's work.



I KNOW HOW YOU FEEL ABOUT FILS

Southern chicken sandwich lovers got all giddy when it was learned that the new Atlanta Falcons stadium — Mercedes-Benz Stadium — will have a Chick-fil-A as one of its concession stands.

The only problem? Chick-fil-A doesn't open on Sundays and the Falcons only play one non-Sunday game at

home this season.

Chick-fil-A doesn't open on Sundays because its owners are seriously religious. You'll remember that their idiot president and COO Dan Cathy said the following about same-sex marriage a few years back:

"I think we are inviting God's judgment on

our nation when we shake our fist at him and say, 'We know better than you as to what constitutes a marriage.' I pray God's mercy for our generation that has such a prideful, arrogant attitude to think that we have the audacity to define what marriage is about."

JUMPING FOR JENNER

This summer Blake Griffin could have gone to Oklahoma City or Boston to chase a title, instead he chose to stay in LA to chase tail.

Twice in the past week Griffin was seen with Kendall Jenner [pictured], most recently at a fancy restaurant and prior to that together in a limo. It's not exactly a surprise that Jenner is interested in Griffin's ability to rise up given her step-sisters' past with NBA players, but it is a bit of a surprise that Griffin is going the full-fledged celebrity route.

Griffin had been dating former USC women's basketball star Brynn Cameron for years and the couple have two kids together.

Expect Brynn to be the most popular sports mom in America around 2033 or so — because she also gave birth to Matt Leinart's child once upon a time as well. Mama Brynn very much has the potential to be the female LaVar Ball in a few years.



MORE KYRIE RUMORS

Here we go again. Not only is Kyrie Irving again being linked to the Knicks in trade talks, but the ugly Kristaps Porzingis rumors have risen from the dead as well.

The Cavs have made Porzingis a "primary target," according to ESPN reports, as they are hell-bent on trad-

ing Irving. The Knicks reportedly will only talk turkey if Cleveland takes back Joakim Noah's horrendous contract.

If it comes down to player for player, the Knicks should think about it. Irving is already a borderline top 10 player in the NBA and could be a top three talent soon.



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LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT
COUNTY OF QUEENS
Wells Fargo Bank, N.A.,
Plaintiff - AGAINST
Michael F. Mongelli, II, Esq.,
Temporary Administrator for the Estate of Peter Ward
a/k/a Peter J. Ward; Robert Ward a/k/a Robert J. Ward;
Maureen Ward a/k/a Maureen A. Ward; Maureen McCosker Ward; Brian Ward; 'Any Unknown heirs, devisees, distributees or successors in interest of the late Peter Ward a/k/a Peter J. Ward, if they be living or if they be dead, their spouses, heirs, devisees, distributees and successors in interest, all of whom and whose names and places of residence are unknown to Plaintiff; et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated May 31, 2017 I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Boulevard, Jamaica, New York on September 8, 2017 at 10:00AM, premises known as 94-24 133rd Avenue, Ozone Park, NY 11417. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Queens, City and State of NY, Block 11491 Lot 12. Approximate amount of judgment \$285,725.96 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 15284/2013. Gerald Chianiere II, Esq., Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624 (877) 759-1835 Dated: July 20, 2017

SUPREME COURT

COUNTY OF QUEENS
CITIMORTGAGE, INC., Plaintiff
- against - TEEPU KHAN, ET AL.
Attorney(s) for Plaintiff
Pursuant to a Judgment of Foreclosure and Sale entered herein and dated August 13, 2015, I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Blvd., in Courtroom #25, Jamaica, NY on September 8, 2017 at 10:00 a.m. premises situate, lying and being in the Borough and County of Queens, City and State of New York, being more particularly bounded and described as follows: BEGINNING at a point on the northerly side of Lockwood Court, distant 365.00 feet westerly from the corner formed by the intersection of the northerly side of Lockwood Court with the westerly side of 104th Street; being a plot 27.50 feet by 80 feet by 27.50 feet by 80.00 feet. Said premises known as 102-07 LOCKWOOD COURT, HOWARD BEACH, NY. Approximate amount of lien \$566,840.08 plus interest & costs. Premises will be sold subject to provisions of filed Judgment and Terms of Sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. Index Number 13550/2010 DIANA C. GIANTURCO, ESQ., Referee
David A. Gallo & Associates LLP
Attorney(s) for Plaintiffs
95-25 Queens Boulevard, 11th Floor
Reno Park, NY 11374
File # 5025.1137

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY
WELL FARGO BANK, NA
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FSB F/K/A WORLD
SAVINGS BANK, FSB;
Plaintiff(s) vs. BARBARA J
MURRAY; et al; Defendant(s)
Attorney(s) for Plaintiff(s):
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ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, New York, 12524,
845.897.1600
Pursuant to judgment of foreclosure and sale granted herein on or about June 9, 2017, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM # 25. On September 15, 2017 at 10:00 am. Premises known as 183-61 CAMDEN AVENUE, SAINT ALBANS, NY 11412 Block: 10346 Lot: 0053 ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Fourth Ward of the Borough and County of Queens, City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment \$489,694.19 plus interest and costs. INDEX NO. 22465/13
Dominic A. Villoni, Esq., Referee

NOTICE OF SALE

SUPREME COURT
COUNTY OF QUEENS
JPMorgan Chase Bank, National Association, Plaintiff AGAINST
Tarbita Benjamin; Monique Benjamin; et al., Defendant(s)
Pursuant to a Judgment of Foreclosure and Sale duly dated May 31, 2017 I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Boulevard, Jamaica, New York on September 15, 2017 at 10:00AM, premises known as 145-95 178th Place, Jamaica, NY 11434. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Queens, City and State of NY, Block 13342 Lot 36. Approximate amount of judgment \$339,307.90 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 712425/2016. Michael Dikman, Esq., Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624 (877) 759-1835 Dated: June 19, 2017

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SUPREME COURT
COUNTY OF QUEENS
US Bank National Association as
trustee for the Certificate holders
CitiGroup Mortgage Loan Trust
Inc., Asset-Backed Pass Through
Certificates Series 2007-AMC1,
Plaintiff AGAINST Petula Graham;
et al., Defendant(s) Pursuant to a
Judgment of Foreclosure and
Sale duly dated November 14, 2016
I, the undersigned Referee will sell
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Index# 701757/2014.
Cristina Prieto, Esq. Referee
Shapiro, DiCaro & Barak, LLC
Attorney(s) for the Plaintiff
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Across

- 1 Yacht features
- 6 Caboose's spot
- 10 Cab driver
- 14 "Right" prefix
- 15 Wheel rod
- 16 Herbal soother
- 17 Ski lifts (hyph.)
- 18 Bluish-green
- 19 Mme.'s daughter
- 20 Painted tinware
- 21 Lack of unity
- 23 Disney city
- 25 They're often polled
- 26 Well-known Pharaoh
- 27 Leaf of grass
- 29 Baker's buy
- 32 Discomfort
- 33 Roundup gear
- 37 High peak
- 38 Upright pianos
- 41 Forefront
- 42 Game of marbles
- 44 Undo
- 45 Street lingo
- 47 Tie a turkey
- 49 I-70
- 50 Multitude
- 53 Least difficult
- 57 In a mocking manner
- 60 Japanese wine
- 61 Cozy
- 62 Matinee --

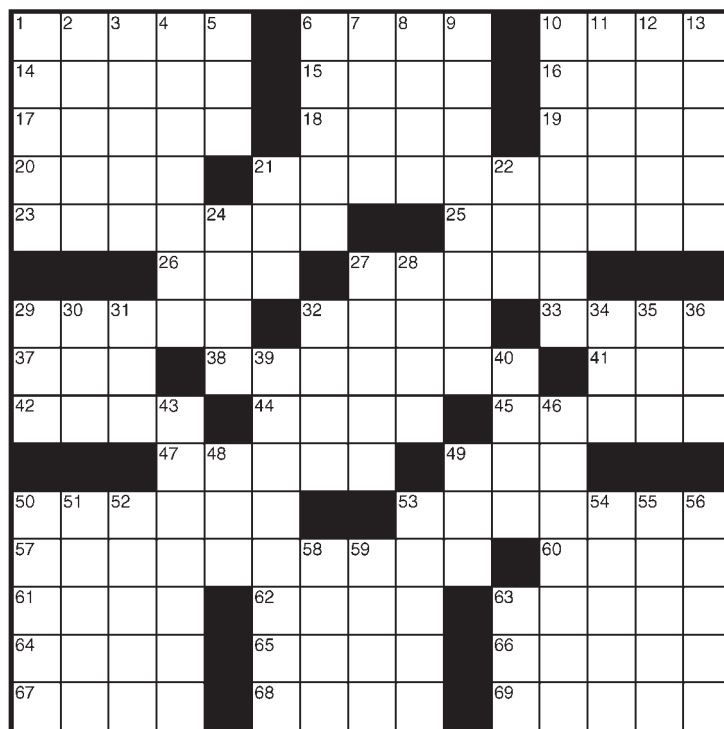
- 63 More attractive
- 64 Surf maker
- 65 Collar site
- 66 Racing shell teams
- 67 Withered
- 68 Feds (hyph.)
- 69 Sight or touch

Down

- 1 Slogan
- 2 Leafy recess
- 3 Delay on purpose
- 4 Hazards
- 5 "Titanic" message
- 6 Math figure
- 7 Alimony getters
- 8 Cry of woe
- 9 Germane
- 10 Pet in a cage
- 11 Kate's sitcom friend
- 12 Use crayons
- 13 Laments loudly

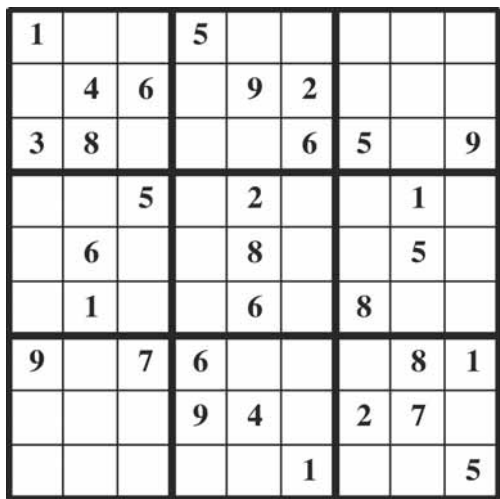
- 21 Insect killer
- 22 Non-verbal OK
- 24 Protein sources
- 27 Harmful things
- 28 Encumbrance
- 29 Root vegetable
- 30 Yale grad
- 31 Police alert
- 32 Apple seeds
- 34 Biologist's eggs
- 35 Stovetop item
- 36 MIT grad
- 39 Swooping down on
- 40 Former JFK landers
- 43 Scorpion's weapon
- 46 Spare time
- 48 French king
- 49 Beam of light
- 50 Memory joggers
- 51 Comedian -- Kovacs
- 52 Red-coated cheese
- 53 Ms. Barkin
- 54 Wolfed down
- 55 Distorts, as data
- 56 To the point
- 58 Bede or Smith
- 59 Go at an easy gait
- 63 Vaccine amts.

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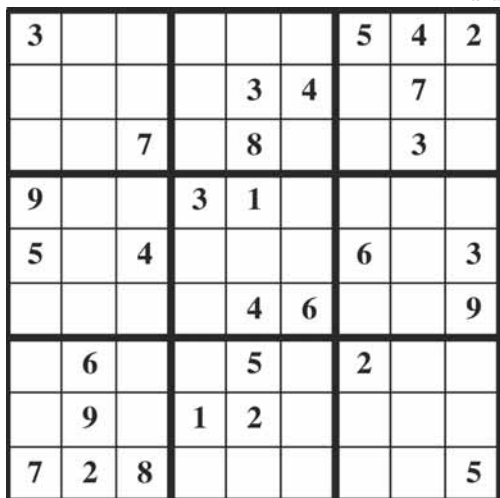


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Mood swings will step up a notch. Don't overreact or make matters worse by acting in haste. Offer understanding and be willing to listen to what others have to say.



Taurus Set up meetings or get together with old friends. Interact with people who motivate you to make better choices. Avoid excessive behavior in order to excel.



Gemini Your engaging way of interacting with people will boost your popularity, as long as you stick to the truth. Exaggeration or false information will be used against you.



Cancer You'll find it easier to reach your goal if you are clear about what's expected of you. Back away from anyone who tends to be erratic or a bad influence.



Leo Business trips or meetings will be enlightening. Share your ideas by offering a passionate presentation to gain momentum and support.



Virgo Keep secrets and avoid interference. Take care of domestic responsibilities before someone complains. Avoid excess and anyone who is a poor influence.



Libra An emotional relationship will improve if you are open about the way you feel and what your intentions are. Sharing goals will bring you closer with someone special.



Scorpio Invest in your future. Put more time and effort into learning something new that will help you get ahead financially. Put in some extra hours at home.



Sagittarius Don't close doors. You don't have to agree with everyone, but you do have to work alongside others if you want to get things done. Go with the flow, not against it.



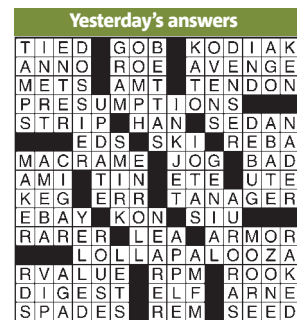
Capricorn A tactful approach when dealing with your peers or handling a legal matter or settlement will encourage a resolution. Avoid excessive behavior.



Aquarius Hard work will bring results. A project you finish will open new opportunities through unexpected channels. Present and promote what you have to offer.



Pisces The changes you make at home should be simple, and geared toward improving your relationships with the people you share space with. **EUGENIA LAST**



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